

FakeBake Spray Tan Advice

Before

- If you are taking medication please inform your therapist (this may not prevent you from receiving a Fake Bake spray tan).
- You **MUST** receive a patch test at least 24 hours prior to your Fake Bake spray tan.
- Do not use any other self tanning products 1 week before spray tan.
- Wax or shave at least 24 hours prior to spray tan.
- On the day of your Fake Bake spray tan **DO NOT** wear any make-up, deodorant, perfume, body oils or lotions as these may react with the tanning agents in Fake Bake Liquids.
- Wear loose, dark clothing, sandals or flip flops.

During

Relax whilst a professional therapist guides you through your spray tan. First the therapist will ask you to wear sticky soles that temporarily adhere to the bottom of your feet. These will stop your feet discolouring. The therapist will then prepare your skin with Fake Bake Oil-Free Moisturiser by smoothing over our hands, knees, elbows and feet to ensure your spray tan blends naturally. Your Fake Bake spray tan will then be expertly applied.

The whole application lasts less than 10 minutes. Immediately after your spray tan we recommend you allow a few minutes for the tan to absorb before dressing. Fake Bake spray tan will not smell of DHA, the tell-tale sign of a recently applied tan. The initial tan colour you'll see is actually the cosmetic guide colour.

After

Immediately after your spray tan:

- Wear loose, dark clothing.
- Keep skin completely dry, avoid water contact.
- Do not apply any products over the developing tan.
- Allow tan to develop for at least 6/8 hours (overnight if possible).
- Avoid other beauty/hair treatments whilst tan is developing.
- Avoid activities that make you perspire.
- Drink hot beverages through a straw as contact with a hot cup can strip colour around your mouth. Toothpaste can also strip colour while your tan develops.

After your tan has developed:

- Rinse off remaining colour guide with warm/hot water. Once the water runs clear gently wash yourself with a mild soap.
- Avoid products that contain alpha hydroxyl acids (AHA's) as they can strip colour.
- Avoid swimming pools as Chlorine will prematurely fade your tan.
- To prolong your tan use a moisturiser daily, locking in colour. This will also hydrate your skin.

For the best results exfoliate before and after

Whilst bathing or showering exfoliate paying attention to your hands, elbows, knees, ankles and feet. This is a perfect starting point for your spray tan.

5 to 7 days after your spray tan we recommend you gently exfoliate your skin. Repeat every 2 days thereafter to ensure your tan fades evenly and to prepare your skin for your next Fake Bake application